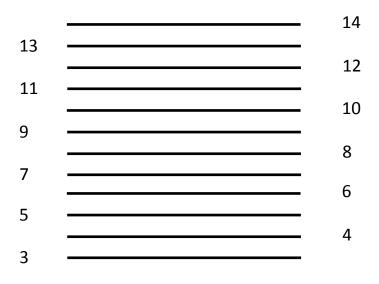
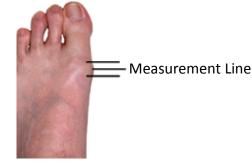
## **Men's Arch Sizing Chart**



## Instructions

- 1. Place the paper on the ground and stand on the paper so the back of your heel is aligned with the black line at the bottom of the paper.
- 2. Look for the center of your first metatarsal head and align it with the closest black line on the sizing chart to get the correct arch size as shown below.





Align the back of your heel with this line

